



## PACIFIC GROVE HIGH SCHOOL INVITES YOU TO THE THIRD ANNUAL PACIFIC GROVE INVITATIONAL

The annual Pacific Grove Cross Country Invitational will be held again this year at the newly forged Palo Corona Cross Country Trail on **October 5, 2024**.

"The Palo Corona cross-country course is a jewel for Monterey County offering groomed trails for a scenic stroll and high-level competition for local athletes of all ages. My hope is that this course will spark a love for running in our community for generations to come."

--Blake Russell, Olympian, national champion, and Pacific Grove resident

### SCHEDULE

(\*Subject to change based on entries)

10:00 Boys Varsity (max 7)

10:30 Girls Varsity (max 7)

11:00 Boys JV

11:30 Girls JV

12:00 Boys Frosh/Soph \*

12:30 Girls Frosh/Soph \*

*\*We will create separate Freshman heats if the Frosh/Soph registration warrants it.*

### AWARDS

The top three teams in each race will receive a plaque, and the top 7 athletes on each of these teams will receive a medal. Medals will also be awarded to the top 10 finishers in each race not on a 1st, 2nd, or 3rd place team.

### ENTRY FEES

Individual: \$20

Team: \$150

Max per school: \$400

Entries and payment of fees will be done through Athletic.net. Varsity teams are limited to 7 athletes. All other divisions are unlimited. The deadline for entries is **Sunday, September 29**, or when we reach 1000 entries, whichever comes first. Entry fees must be paid in advance. There will be no changes made after September 29, and no race day entries.

Come for the meet, and stay for the magnificent Central Coast fall weather. We know you'll be excited to have your athletes run on this spectacular new course. We are looking forward to hosting you this fall.

**Dan Powers, PGHS Athletic Director** - [dpowers@pgusd.org](mailto:dpowers@pgusd.org)